

## Thank you for registering for RED ROCK CAMP June 20-26, 2022

Many people are working hard to get things ready for you to enjoy your week! People are praying right now that you will be blessed at camp and have a good time. Rock Red is an intergenerational camp with people of many ages; programs are provided for all age groups.

**Check-in begins Monday June 20 at 1pm**  
**Check-in is located in Lakeview 1<sup>st</sup> floor**  
**Check out Sunday June 26 by 1pm**



Bring or have completed online, your:

- Registration forms and fees due
- Health Form: on the Health Form please make sure that you list the people authorized to pick up your child (including yourself!) We cannot release your camper unless that person's name is on the health form and they have a picture ID.
- Release of Liability Waivers
- Under 18: Medication is any substance a person takes to maintain and/or improve their health. This includes vitamins and natural remedies. All medications are collected, stored, and distributed by camp health care personnel. Please list ALL medications this camper will be taking while at camp, including over the counter or non-prescription drugs taken routinely. Provide enough of each medication to last the entire time the camper will be at camp. Keep medications in the original packaging/pharmacy container with labels that identify the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.
- Over 18: Adult participants manage their own medications; please bring what you anticipate needing. All personal medications, including over-the-counter medications, must be stored securely while attending camp, either discreetly in a locked vehicle or in another secure location. In the event of emergency, we advise each participant to come with a full list of medications currently being taken. You are welcome to use the ADULT Medication List, available in the Forms section of our website, for this purpose.

Watch for communication from the Camp Minnesota in regards to the last COVID information and protocols.

Once you have checked in you will be assigned a room, receive a welcome packet and t-shirt. Staff will help you get your lodging location, for teens you will be introduced to some of the counselors. There is free time until dinner at 5:40pm.

If you have questions, contact Camp Minnesota at [camps@campminnesota.org](mailto:camps@campminnesota.org) or 612-230-2267 You can also contact Red Rock Camp at [admin@redrockcamp.org](mailto:admin@redrockcamp.org)

## **RED ROCK IS AN INTERGENERATIONAL CAMP WITH PROGRAMMING FOR ALL AGES**

**ADULTS: Ages 18 and up** - Adult housing can vary from single or shared rooms. There is also the option of shared baths or the upgrade to more hotel style rooms. For adults programming is optional but there are many options you will want to take advantage of, such as: morning worship, men and women groups, bible study, breakout sessions and evening worship. There is also lots of free time to go for a boat ride, swim at the beach, play some games or relax by the lake.

**YOUNG ADULTS: Ages 18-25**- This program is designed for those just out of high school through college age, you do not have to be in college to participate. This is a full participation program. You will be staying in dorm style rooms with others in your age range. Programming includes morning worship, focused teen/YA music and message, small group time, breakout sessions and evening worship. There is also organized game time both during the day and late at night (the YA favorite.) There is also plenty of free time to head into town for coffee, jump on the whippet out in the lake or take a nap.

**TEENS: FINISHED GRADES 6-11** - This programming is designed for those entering 7th grade through those finishing high school. Teens stay in dorm style rooms with counselors for supervision and guidance. This is a full participation program. Programming includes morning worship, teen/YA focused music and message, small group time, breakout sessions, evening worship and late night devotionals. There are also organized team games, bonfires and night games. There is also free time for boating, swimming, climbing wall and paddle boarding.

**JR CAMP: FINISHED GRADES 3-5**- This program is for kids entering into 4th grade through 5th grade. These kids will stay in dorm style rooms with others in their age range with counselors. This is a full participation program. Programming includes morning worship, kid focused music and message, evening kid worship, craft time and games. There is also free time for swimming, climbing wall and boating.

**PRIMARY: FINISHED GRADES K-2**- This group is designed for kids staying with their parents while at camp. This program gives the parents young kid activities to bring their kids too. This programming includes kid music and message, surprise game time, crafts and evening kid worship. There is also free time for family time, swimming, boating and games.

**Red Rock Camp** meets at  
Koronis Ministries 15752  
County Road 181 Paynesville,  
MN 56362  
[www.redrockcamp.org](http://www.redrockcamp.org)

Directions from Twin Cities: Go West on Highway MN-55 to the SE edge of Paynesville. Turn left (south) on County Rd 181 (first intersection after Welcome to Paynesville sign). Proceed for 2 miles to camp.

Or: Take Interstate 94 to St Cloud. Take Hwy MN-23 exit west towards Paynesville. NEW: take 1st Paynesville exit (Hoffman St/Bus Mn-23). Turn left at Casey's Gas Station (CR-66/Lake Ave). Cross MN-55 onto County Rd-181. Proceed for 2 miles to camp.

From Willmar: Hwy 23 East to Paynesville NEW: Exit onto State Hwy 55. Turn right onto MN-55. Travel 2 miles, then turn right just past "Garage Sale Store" onto County Rd-181. Proceed for 2 miles to camp.

**WHAT TO BRING:** The following is some information to assist you in preparing for camp.

- Bed linens (sheets, wool blankets) and pillows are provided for adults—so sleeping bags are optional (hint –making your bed is easier)
- Sleeping Bags or Linens from home for Kids and Teens
- Pillow (if you have personal favorite)
- Bible
- Paper and pencil/pen; this is required for youth classes
- Modest swimming suit
- Beach towel and beach shoes
- Bathing towel and washcloth
- Personal grooming supplies (shampoo, soap, etc.)
- Clothing for warm & cool weather
- Clothes for playing sports or get dirty in
- Shoes for walking and running
- Money for offerings, canteen and store
- Sunscreen and mosquito repellent
- Flashlight and batteries
- Softball or other sports equipment (if you plan to play)
- A good attitude

Optional:

- Nice clothes for evening services
- Rain gear/protection
- Dirty clothes bag
- Additional blanket/sleeping bag
- Small fan
- Cell phones and walkie-talkies are not to be used during class time or worship services.

Youth, please do not bring:

- Anything valuable
- Any electronic equipment
- Non-Christian music

**Which activities do you want to do:**

Air Hockey | Basketball | Bible Studies | Bookstore | Campfires | Canoes | Canoe Races | Canteen | Children's Church | Fishing | Foosball | Golf (nearby) | Hiking Trails | Kids Crafts | Morning Prayer | Paddle Boats | Ping Pong | Recreation Center | Rowboats | Sailboat | Hymn Sing | Small Groups | Surprise Hour | Swimming | Evening Worship Service | Volleyball | Water Trampoline | Paddleboards | Climbing Wall | Gaga ball | 9 Square | Break-out Sessions | Water Bikes | Popcorn Party | Softball Game | Flag Football | Chip & Salsa Party | Fellowship | Leisurely Walks by the Lake | Playground | Board Games | Night Games | Bonfires | Bikes and Trails