

KoWaKan Teen Trek, July 17-22, 2022 (Camp # 208)

Get Ready for a fantastic week of adventure, challenge, fun, and discovery.... about you and your faith! Our KoWaKan guides are excited about your arrival, and we are all looking forward to a great adventure together that we won't soon forget! Expect to spend most of your time outdoors enjoying God's creation and doing fun activities like swimming, canoeing, orienteering, and learning outdoor skills like cooking over a fire. This letter begins your journey into a very special and challenging area, the Boundary Waters Canoe Wilderness (BWCA)!



Registration and Travel Information:

- For your convenience, check-in for our KoWaKan Teen Trek will take place at Camp Koronis, 15752 Lake Ave (formerly County Rd. 181), Paynesville, MN 56362. Camp Koronis is less than two hours NW of the Twin Cities and transportation to and from KoWaKan Adventures base camp in Ely will be provided from Camp Koronis free of charge. Registration check-in for Teen Trek begins at **3 PM on Sunday, July 17th**, and check-out will be at **3 PM on Friday, July 22nd**.
- In emergencies, or to communicate any travel complications, parents may contact Koronis/KoWaKan Executive Director Dan Ziegler's cell phone: (612) 913-6002.
- Campers traveling in camp vehicles will be expected to abide by the following safety rules:
 - Passengers must remain seated with seatbelt on while vehicle is in motion.
 - Passengers must keep hands and arms and all body parts inside the vehicle.
 - Passengers must not distract the driver or throw things & must follow instructions.
 - In the case of accident or emergency, passengers must follow staff safety instructions.
- Upon return to Camp Koronis, Campers will be released only to the people indicated on their Medical Information form (including themselves if they come to camp alone).

YOUR PREPARATIONS / PACKING LIST:

- There is an attached packing list that you need to look at closely AND be sure to bring those items listed as **"Needed"**. There are also some optional items as well as items listed as **Do Not Bring**. Please remember that this is a wilderness camp experience with no fashion expectations - only effective clothing needs for your personal comfort and survival!
- Please pay attention to the insights shared on our packing list. Clothing colors do not matter. Used is often better than brand new. Hard soles needed for your feet! And more....
- Please also note that it is generally 7-8 degrees cooler on average from temperatures found in southern Minnesota

MEDICAL INFORMATION FORM, PARTICIPANT COVENANT & REGISTRATION PAYMENT

- Every camper must have a completed (signed by parent/guardian) Medical Information & Permission form. **Be sure to fill this out online or bring this with you to camp!**
- We ask that every camper sign and agree to abide by the **Participant Covenant**.
- We request you make your final payment for camp prior to coming north.

CASH TO BRING

- There will be limited items to purchase from KoWaKan such as T-shirts, bandanas, water bottles, etc. You may also want to have funds for food and refreshments while traveling. Campers registering before April 30 will also receive a \$25 store credit that can be used at KoWaKan or at the Camp Koronis camp store.
- Otherwise, all costs related to your camp are covered with your registration fee



WHAT TO EXPECT

- Plan on lots of rain! Even if it doesn't – *it's good to be prepared for it!* So have a decent raincoat or poncho. Rain pants are also good to have as the water can wick up your "once-dry" pants running off your raincoat
- Plan for both heat and cool. So both long sleeve/long pants/warm socks/warm sweatshirts....typical for the Fall in Minnesota AS WELL AS 90 plus degree heat! Keep this in mind when going over the packing list.
- Expect to learn multiple ways to live in the wilderness, to become an important part of a strong community that works, plays, learns, discovers, and grows together!
- Expect to discover more of yourself and more about creation our environment, the value of the BWCA, and more about the creative mind of your Creator and God

WHAT IS EXPECTED

- Please read, consider, and sign your enclosed copy of our **KoWaKan Covenant** to each other. This is important as we work and play together on this adventure, and we expect your commitment to be a part of this.
- Please remember that this is a wilderness adventure and help is not always "close at hand"! We must care for each other and work to avoid accidents and injuries that might be serious and cause the adventure to end for you and everyone else!
- You are expected to take part in all aspects that serve your community including camp needs, cooking, clean-up, and more.
- We also expect that you will have the best experience of your summer!
- Please don't bring alcohol, non-prescription drugs, animals, weapons, or personal sports equipment. Personal vehicles must be parked and locked in camp parking lot.

Please feel free to call our office with any questions or needs you might have (320)243-4544. Our Staff are preparing as well to help make your adventure experience safe and fun! Our prayers are that you will discover a great deal more of both yourself and your relationship with God.

Camp KoWaKan 2022